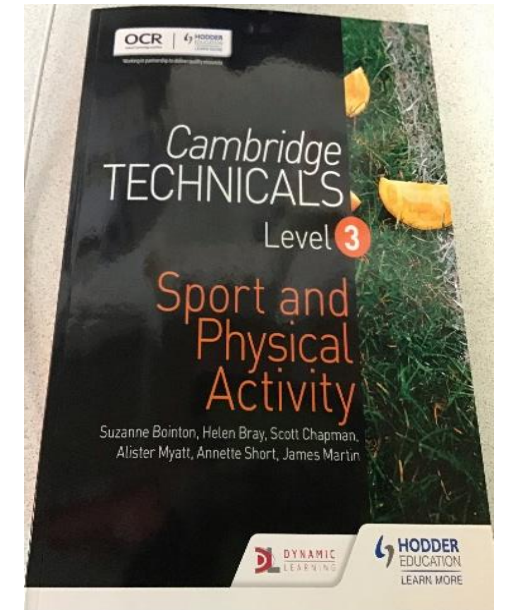




Physical Education

OCR- Cambridge Technical Level 3 in
Sport and Physical Activity





Staff members

- -Miss Mills
- - Mr Robinson
- -Miss Banks
- -Mr Hopkins



Y12 content

Autumn

- -Body systems and effects of Physical activity

Spring

- -Sports Coaching and activity leadership
- - Sports organisation and development

Summer

- -Sports Coaching and activity leadership

Y13 content

Autumn

- -Sports Injuries and Rehabilitation

Spring

- -Sport and exercise Psychology

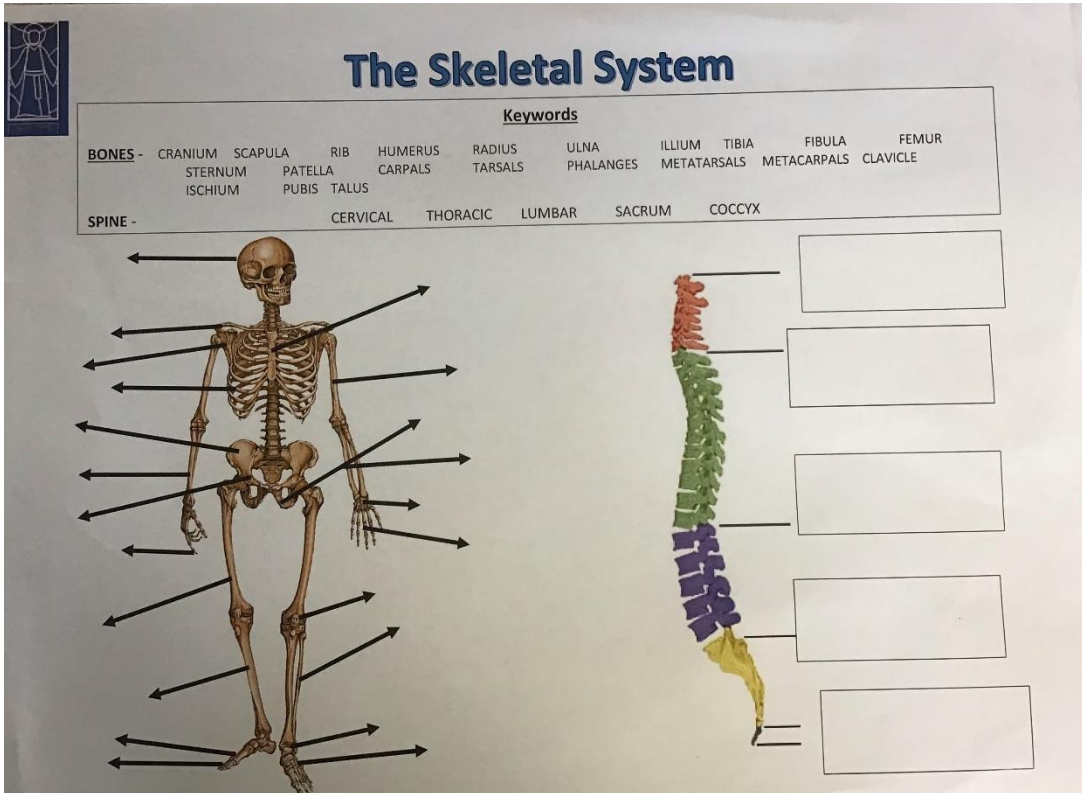
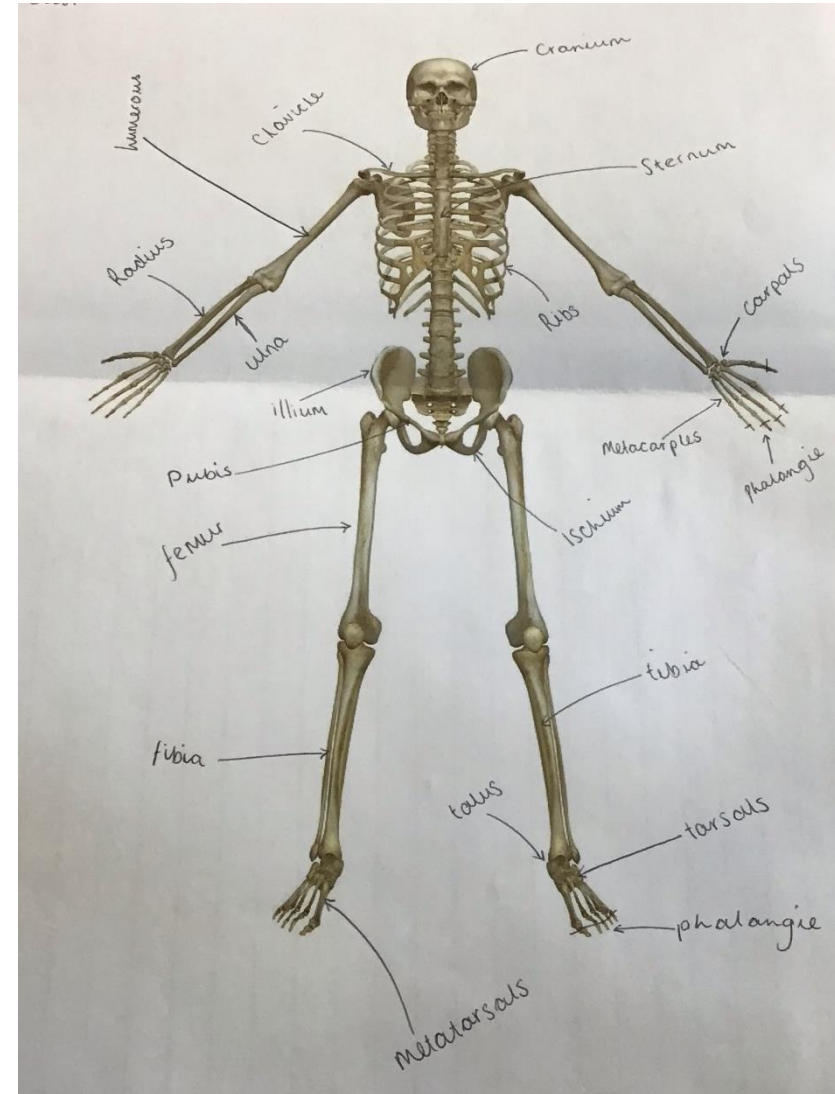
Saint Benedict Catholic Voluntary Academy-Sixth Form



The Skeletal System

Keywords

BONES -	CRANIUM	SCAPULA	RIB	HUMERUS	RADIUS	ULNA	ILLIUM	TIBIA	FIBULA	FEMUR
	STERNUM	PATELLA	CARPALS	TARSALS	PHALANGES	METATARSALS	METACARPALS	CLAVICLE		
SPINE -	CERVICAL	THORACIC	LUMBAR	SACRUM	COCCYX					

Saint Benedict Catholic Voluntary Academy-Sixth Form



Exam board:

OCR- Cambridge Technical Level 3 in Sport and Physical Activity

Exam specifics

Body systems and effects of Physical activity (exam taken in January of yr. 12)

Sports Coaching and activity leadership (coursework completed in spring term of yr. 12 will involve coaching)

Sports organisation and development (exam taken in May of yr. 12)

Sports Injuries and Rehabilitation (coursework completed in autumn of yr. 13)

Sport and exercise Psychology (coursework completed in spring of yr. 13)



Entry requirements

Grade 5 in GCSE PE and a 4 in one science

GCSE PE is not a compulsory requirement but if GCSE PE has not been taken then a 4 in one science is required

Jobs in Sport—Physiotherapy

Salary (per year)

In NHS Starting Salary £21,909 to £28,462

With experience £26,302 to £35,225

Highly specialist/advanced practitioner £31,383 to £41,373

Private sector salaries vary



[Career pathway link](#)

Jobs in Sport – PE Teacher

Salary (per year)

England and Wales start from £22,244 to £32,831

Northern Ireland range from £21,804 to £31,868.

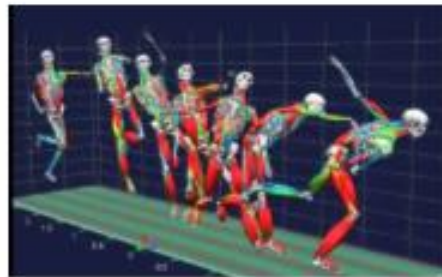
Scotland, salaries range from £21,867 to £34,887.



Jobs in Sport—Sports Biomechanist

Salary (per year)

Different institutes and lines of work will pay differently but a starting salary of approximately £42648 is common



Jobs in Sport – Sports Analyst

Salary (per year)

£20000 - £50000



Jobs in Sport—Exercise physiologist

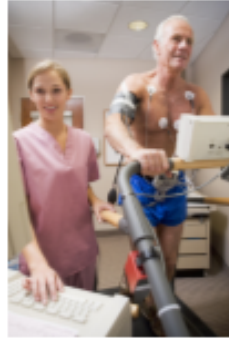
Salary (per year)

Vary depending on type of employer.

Employed in sports sector—£18,000—£35,000

Employed in elite sports science—£100,000+

Employed in NHS—£25,478—£27,901



[Career pathway link](#)

Jobs in Sport – Sports Nutritionist

Salary (per year)

£30,000-35,000 plus per year

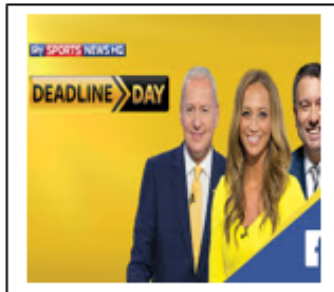


Jobs in Sport – Sports Journalist

Salary (per year)

£25,000 to 40,000 per year

Experienced £100,000 plus per year



Jobs in Sport—Sports Coach

Salary (per year)

Vary depending on type of employer.

Employed by local authority —£15,000—£25,000

Employed by national governing body—£33,000-
£35,000

Employed part time —hourly rate £10





**Thank you for visiting our subject.
If you have any questions, please contact**

**Name: Miss Mills
Email address: nmills@saintben.derby.sch.uk**